

Only the Mind Limits

Attaining Your Highest Authentic Goals and Desires

with Melanie Smithson, MA, LPC, ADTR, CHt



A Deeper Exploration

- What is your highest calling?
- Do your goals aim to lift you and others?
- Are you dedicated to making the world a better place?

When we allow ourselves to ask deeper questions we find answers that resonate with our highest self.

What to Expect

- Aligning Personal Goals with Highest Good or Purpose
- Discovering the Ways Your Ego/Mind Interferes and Limits
- Freedom from Self-Sabotage
- Having Fun with Allowing Goals to Unfold

About Melanie

Melanie Smithson is a body-oriented psychotherapist and certified Sedona Method Coach in practice in Denver, Colorado.

Melanie is the author of *Stress Free in 30 Seconds: A Slightly Irreverent Approach to Managing Life's Challenges*, and is an expert in helping clients get unstuck and cultivate peace from the inside out.

Register

Sat & Sun March 14-15, 2020 10-4 pm

275 Garrison Street Lakewood, Colorado

\$333 by Mar 2 | \$397 after. Call 303-762-8994 or email

melanie@smithsonclinc.com or visit melaniesmithson.com.

Sign up by
March 2 for our
early-bird
discount!

www.SmithsonClinic.com

www.MelanieSmithson.com

275 Garrison Street Lakewood, Co 80226

email: info@smithsonclinic.com